

## Parent Programs

Parent programs are offered throughout the year to address topics relevant to parenting concerns and school success. Invitations are sent home and parent program information will be posted on the marquee. Please make plans to join us!

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**September 26-** Watch D.O.G.S Kick Off: Dads sign up to volunteer one school day this year in the cafeteria 5:00pm-7pm.

**November 14, 2019** Bully Prevention Strategies 6-7pm KES Library

**March 5, 2020** Technology Safety in our digital age.

## Contact Information

**School Number:**  
804-364-8080

***Karen Shaia:***

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<http://blogs.henrico.k12.va.us/kaecheleschoolcounseling/>



## Kaechele Elementary School Counseling Program



**School Counselor  
Mrs. Karen Shaia**

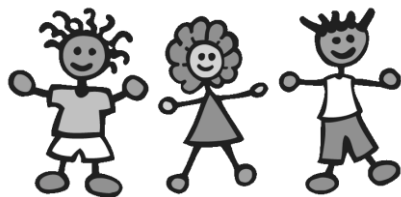
## **PROGRAM OVERVIEW**

Your Kaechele Elementary school counselor works to enhance the academic, social, emotional, and career development of every student in the building. The program goal is to help students reach their full potential.

### **Program Components:**

The school counseling program at Kaechele Elementary includes the following components:

1. Individual and Group Counseling
2. Classroom Guidance
3. Consultation
4. Coordination



### **Individual Counseling:**

The counselor meets with students individually through parent request, teacher request, or self-referral. She works with students to help resolve friendship difficulties, identify strategies for overcoming learning obstacles, enhance self-esteem and promote a positive self-image, encourage an increased motivation and positive attitude towards learning, and support students coping with changes in their family life. The counselor will consult with parents when working with children on a long-term basis.

### **Group Counseling:**

Small group counseling topics include: Study skills and organization, stress reduction, self-esteem and friendship-making skills, self-control, and coping with changes in family life. Referral letters are sent home to notify parents of upcoming groups in their child's grade level. A completed parent referral form is required for participation.

### **Classroom Guidance:**

Classroom guidance lessons are taught monthly in each classroom and additional lessons are taught at teacher request. Lessons are based on school counseling curriculum essentials, the school theme, and topics requested by teachers and parents. Letters are sent home after each lesson.

### **Consultation:**

The school counselor consults on a regular basis with parents, teachers, and support staff regarding student concerns and needs. The door is always open to support students and parents. She consults with teachers about individual students' academic, behavioral, social, emotional, and developmental needs and suggests classroom strategies to address these concerns. She also consults with the Intervention teacher, school nurse, school psychologist, resource teachers, and school social worker to ensure students' needs are being met.

### **Coordination:**

The school counselor coordinates with school administration and central office personnel to aid in programming, placement, and transition. Specifically, she coordinates the following activities:

- Career Day
- Response Intervention Team
- Middle School Transition
- IB Application Process
- Watch D.O.G.S
- Character Education Programs

In addition, she also participates in the Gifted Identification process. The school counselor networks with other school counselors and central office personnel to identify the best practices in supporting elementary students.