



Here you will find weekly updates from your school counselors. Please let us know if you have any questions. Don't forget that you can sign up for an appointment with your counselor through our form [here](#)! Please check your school email regularly as that is how counselors will be communicating with you to schedule meetings and relay information. All new or updated information below will be highlighted in **yellow**.

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[Meet your counselors!](#)

The Godwin School Counseling College Guidebook is a resource for all your college application questions starting as early as 9th grade. Click [here](#) to check it out! If you want to find out information from college admissions officers about specific schools, be sure to check out our senior folder in our [Schoolology page](#).

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**Spanish Tutoring**

Spanish Honor Society will officially be launching their after-school tutoring program beginning Monday, November 23<sup>rd</sup>. To utilize this IN-HOUSE FREE resource, check out their link: <https://docs.google.com/document/d/1CwQ7foclzAR63S4CzhSQtvKA-othV-MwRRfdooI1Vg/edit?usp=sharing>.

[Sign up here!](#)

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**ACE Centers**

*Watch their videos and see their flier to learn more about their programs:*

<https://youtu.be/BQ9URDRxfnk>

<https://www.youtube.com/watch?v=BQ9URDRxfnk&feature=youtu.be>

<https://drive.google.com/file/d/1H3UUvO9vphU9-uakByIc3L6Hlls5V240/view?usp=sharing>

*Application timeline:*

Nov. 16 - Application posted to HCPS Specialty Center Website: <https://henricocete.com/appy-now/>

Jan. 15 - Application window closes online

Mar. 5 - Students notified by 4pm of acceptance into programs

Mar. 19 - Students notify home school counselor if declining the acceptance

Mar. 20-26 - Waitlisted students are contacted for any openings at the ACE Center

After April 12th - Applications will re-open for anyone who would like to apply for any remaining open

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### **Spring Evening School of Excellence**

Applications for ESOE will open December 1 and due by January 29th. Applications will be accessible through the Parent Portal. Spring session will begin on February 8th. For more dates and information, please contact your school counselor.

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### **ECMC Virtual College Opportunities**

Mon, Nov 23---11am---Virtual Tour: College of William and Mary & University of VA---  
<https://ecmc.zoom.us/j/93968788534>

Mon, Nov 23---5pm---Virtual Tour: College of William and Mary & University of VA---  
<https://ecmc.zoom.us/j/96189438592>

Tues, Nov 24---4pm---FAFSA Demo--- <https://ecmc.zoom.us/j/97259158222>

Tues, Nov 24---5pm---FAFSA application help---<https://ecmc.zoom.us/j/97025035638>

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### **Additional Virtual College Events/Information**

November 21, 2021 from 10am-1pm, Virginia State University will be hosting their "Fall 2020 Virtual Open House".  
"We are excited at the prospects of your students attending this event. All participants may register at VSU.EDU under the admissions header. On the day of the event students may check our homepage for access to the event."

6th Annual HBCU Showcase (Virtual)  
Monday, November 23, 6:00 p.m. - 8:00 p.m.  
Live Virtual Event Registration Now Open!

Tuscarora High School will be hosting the 6th Annual Historically Black College and Universities (HBCU) Showcase. This event is designed to expose our school community to the many options that are available at HBCUs. We want to expose and educate our school communities and encourage all students, regardless of ethnicity, to include these institutions during the college selection process. There are over 30 HBCUs committed to the 6<sup>th</sup> Annual HBCU Showcase.

For more information visit our event page:  
<https://sites.google.com/lcps.org/thshbcu>

In addition to the HBCUs that will be in attendance, there will be a guest speaker, NCAA presentation, and community scholarships.

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## **Henrico County Fire Dept Career Virtual Info Session**

The Henrico County Fire Department is gearing up for their annual recruitment process which opens December 1, 2020. The application acceptance dates are December 1, 2020- January 6, 2021. Here is the link to the recruitment site (<https://henrico.us/fire/recruitment/>) which holds a video and a brochure, as well as explains the entire process. Feel free to reach out to Tracie Bethea directly for more information.

### **Tracie Bethea**

Personnel Coordinator

804-501-7832 Office | 804-625-2119 Cell

[bet011@henrico.us](mailto:bet011@henrico.us)

**DIVISION OF FIRE**

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## **Summer 2021 Residential Governor's School**

Attention Juniors and Sophomores: The application process is in progress for the Summer 2021 Residential Governor's School programs. Summer Residential Governor's School is an opportunity for tenth and eleventh grade students to participate in an intensive summer program studying various academic disciplines and/or visual and performing arts. This is a highly selective program that requires a rigorous application process. Please contact Mr. Runner in School Counseling or visit the Summer Residential Website for more information.

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## **Longwood University Economics & Personal Finance**

Longwood University is offering a Winter and Spring session for their dual-enrollment Econ Personal Finance course that satisfies the high school diploma requirement while earning college credit. The cost is reduced from \$415 to \$50! To register for either session go to <https://cfr.longwood.edu/epf>. [See flier for important dates and information.](#)

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[\*\*Building Leaders for Advancing Science and Technology \(BLAST\)\*\*](#) is a FREE educational program of the Virginia Space Grant Consortium, designed to ignite a passion in students who already show an interest in science, technology, engineering, and math (STEM). Our hope is that the BLAST 3-day residential, on-campus experience, which is packed with demonstrations and collaborative activities led by college faculty, will inspire students to envision a career in a STEM field and motivate them to expand the number of STEM-related classes they take in higher grade levels.

Many students who attend BLAST go on to participate in our advanced educational programs, two of which offer free college credits through dual enrollment with Thomas Nelson Community College. Participating students in these competitive programs develop advanced skills related to the 5 C's of the Profile of a Virginia Graduate: critical thinking, creative thinking, communication, collaboration, and citizenship, in addition to building STEM-specific knowledge and skills. While participation in BLAST is not a prerequisite to attending any of our other educational programs, it is an ideal opportunity for younger students to determine if STEM is the right path for them.

Applications for the Summer 2021 BLAST sessions will open online November 13.

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## AP CollegeBoard Exams

Exam registration will begin via online registration at [www.TotalRegistration.net/AP/471872](http://www.TotalRegistration.net/AP/471872) starting **September 28th @12am to November 6th @11:59pm** with an exam fee of \$99. Late registration on the Total Registration will take place from November 7th @12:01 to March 5th at 11:59pm for an additional cost of \$40. Registration will be closed to all students after March 5th. If you are on the fence about registering for an exam, I would go ahead and register before the November 6th deadline anyways so you do not have to pay the \$40 late fee, and there will be full refunds issued for students who register by November 6th. [AP 2021 Exam Dates](#)

For AP classroom support, watch the AP daily videos on the CollegeBoard website.

**Reminder: after 12:01 AM on Saturday, Nov 7, 2020 students will be paying a late fee of \$ 40.00 per exam. Registration will close completely on March 5th, 2021.**

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## SAT/ACT Tests

Check their websites for test dates and registration deadlines.

- [SAT](#)
- [ACT](#)

Many colleges have gone test optional for their fall 2020 applications, but it can still be a good idea to test in order to be eligible for certain scholarships. See our school counseling website for more SAT & ACT information: <http://blogs.henrico.k12.va.us/godwincounseling/>.

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## Opportunities Booklet 20-21

Check out the newest College Opportunity Booklet here:  
<https://www.ecmc.org/students/documents/2020-2021-VA-Opps-Book.pdf>. This has a wealth of information for students and families!

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## **Real Talk**

Hey Godwin! This week's Real Talk theme is sending compliments to COUNSELORS! We want to appreciate them for all that they do for us. You can send an anonymous message to any teacher on our website [henricorealtalk.com](http://henricorealtalk.com). Be sure to check out our newly updated card designs! Follow our Instagram @henricorealtalk so you don't miss out!

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## **Parchment/Transcripts:**

All transcripts for grades 9-12 have been updated to include any summer school grades. To view your transcript, log in to your Parchment.com account. If you do not have a Parchment account set up, your parent would first need to sign the Parchment Parent Permission form within the Parent Portal-->Access Online Forms. Once this is signed, you will then receive an email from our secretary with a personalized access code to enter at [parchment.com/register](http://parchment.com/register). This will also come with specific directions when creating an account (using a personal email address for example). Once the account is created, I will process this initial transcript for your unofficial self view. You will be able to view, print, mail, and electronically send transcripts where they need to go.

\*\*\*\*When you register, be sure you **use a personal email address** and NOT your hcps student email to register because your hcps email expires after you graduate and your Parchment account does not. If you already registered using your student email, please go into account settings and change this or contact Parchment support for help.

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## **Seniors--Scholarships!**

Over the course of this school year, Godwin will advertise nearly 200 college scholarships. Over 30 scholarships are specific to Godwin and will be presented to members of the Godwin senior class at the senior honors assembly in June. Here's the list where all these scholarships will be posted (you can also find this list on the Godwin website under school counseling, and on the school counseling Schoology course):

<https://docs.google.com/spreadsheets/d/1XhkCo072xmTYbBYhVcKT9eiYY4Jji0RjSkAK0DtOeR0/edit?usp=sharing>

At times we will be looking for seniors to represent Godwin in scholarship competitions, and you'll find those opportunities on this list. Please reach out to Mrs. Gravely in Godwin school counseling as you have scholarship questions.

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## Senior Meetings:

Seniors, counselors have started meeting with all of their seniors to talk about their college & career plans for life after Godwin. Please keep an eye out for the sign up sheets and be sure that when you do sign up for a time slot, you are sure to attend your meeting via Microsoft Teams (they will share their virtual link with you).

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## Need help filling out your FAFSA for college?

[Meet our GRASP Advisor!](#)

Schedule an appointment with our GRASP advisor, Mrs. Zukowsky. Mrs. Zukowsky is taking appointments virtually Wednesdays from 8:30-1:30. She can be reached at [godwin@grasp4va.com](mailto:godwin@grasp4va.com) or 804-223-0158. She is available by phone, text, email and also virtually meetings. Be sure to ask about her GRASP scholarship, too!

Explore the GRASP website and subscribe to their newsletter at <https://grasp4va.org/>.

Download the “myStudentAid” app and fill out the FAFSA form right on your phone...or make a virtual appointment with a GRASP Advisor.

[https://www.youtube.com/watch?v=A2\\_7AS7Rcc0&t=9s](https://www.youtube.com/watch?v=A2_7AS7Rcc0&t=9s)

GRASP ([www.grasp4va.org](http://www.grasp4va.org)), a career and college access organization, is encouraging high school seniors to complete the FAFSA (Free Application for Federal Student Aid) as a first step toward their postsecondary education/training goals. The updated FAFSA for high school seniors is available beginning October 1.

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# HOW TO EMAIL A TEACHER

*in the message body...*

- 1 SUBJECT LINE**  
2-5 word summary of the email.  
"Missing Grade"  
"Homework Question"  
"Late Work"
- 2 BEGIN WITH A GREETING**  
"Good morning, Ms. Goicochea,"  
"Hello!"  
"Good afternoon,"
- 3 GET TO THE POINT + ADD DETAILS**  
"I am writing because..."  
+  
"I have already tried..."  
"I remember the first step, but can't remember..."
- 4 CLOSING**  
"Thank you,"  
"I hope you're well,"  
"Have a nice evening,"
- 5 SIGN YOUR NAME**



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## Mindfulness Activities

Check out *Mindfulness Activities for Teens: 21 Stress-Reducing Activities to Try*  
<https://www.themindfulword.org/2020/mindfulness-activities-for-teens>

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School counselors are available to assist students and respond to emails daily during normal school hours. Please note that School-Based Mental Health Teams are not available to provide guidance, resources, or intervention services for mental health emergencies outside of school hours.

If you or your child are experiencing an **emergency or crisis**, please call 911 or go to your nearest emergency room for immediate assistance.

For additional **mental health services**, Henrico Area Mental Health may be accessed at the following numbers: 804-727-8515 (same day access) or 804-727-8484 (emergency).

To report **suspected child abuse or neglect**, please contact Child Protective Services at (804) 501-5437 (Mon.-Fri., 8-4 pm) or the VA Child Abuse & Neglect Hotline outside of business hours at 1-800-552-7096.

If you are experiencing or have experienced **domestic violence, sexual violence, or human trafficking**, please contact Safe Harbor's 24 hour helpline at (804) 612-6126.

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[Godwin's FAQs](#)

[Godwin School Counseling Site](#)

[College & Career Resources - GHS College Handbook](#)

[Mental Health Resources](#)