



PINNACLE TREATMENT CENTERS

4906 Radford Ave
Richmond, VA 23230
Phone: (804) 354-1996

Adolescent Intensive Outpatient Program (IOP)

Individual and family therapy does not always provide the structure and intensity that is often required to help families when a teen is struggling with active substance use. Our Adolescent Intensive Outpatient Program (IOP) is for those abusing adolescents who do not require residential treatment.

This program is designed to provide a safe environment for young people to identify risk factors for addiction and begin to repair the damage caused by substance abuse. It is generally recognized that young people have different physical, emotional, mental and spiritual issues than adults. Chemically dependent adolescents face difficult challenges as they enter recovery and can benefit from a safe place to explore those areas with professionals who understand their special concerns.



- info@civitashealth.com
- 5663 S Laburnum Ave, Henrico, VA 23231

Substance Abuse Services (Adolescent)

Population & Funding

Population Served:

Children / Adolescents – 8-20 yrs.

Funding Source: Medicaid ARTS insurances.

Overview

The main focus of our co-occurring enhanced Adolescent Intensive Outpatient Program (IOP) is to assist children/adolescents, who are at-risk for developing substance use and co-occurring mental health disorders, to overcome the detrimental effects of addiction. Our program provides a highly-structured and concentrated dose of clinical treatment services including:

- Addictions Psycho-Educational Group Counseling
- Motivational Enhancement Group Therapy
- Relapse Prevention Group Therapy
- Parent/Adolescent Psychoed Group (Fridays)
- Individual & Family Therapy

SAARA is the Substance Abuse & Addiction Recovery Alliance

The Substance Abuse and Addiction Recovery Alliance (SAARA) of Virginia is a grassroots recovery community organization. ***We transform communities through hope, education and advocacy for addiction prevention, treatment and recovery.*** All friends of recovery are invited and welcome to join us. Our members include individuals in recovery from alcohol and other drug addiction, their families, friends and dedicated community supporters. SAARA promotes social, educational, legal, research and health care resources and services that support accessible, effective and accountable addiction prevention, treatment and recovery. Membership in the SAARA of Virginia statewide organization is inclusive of anyone who subscribes to the mission statement. In addition to our advocacy efforts we offer trainings and group meetings at SAARA Center, located at our offices at 2000 Mecklenburg St. Richmond, VA 23223.

**SAARA of Virginia
2000 Mecklenburg Street
Richmond, VA 23223**

info@saaracenter.org

Phone: (804) 762-4445 | Fax: (804) 762-4333



dominion youth services

**Dominion Youth Services Central Office
1640 E. Parham Rd. Richmond, VA 23228
p (855) 444-9838 f (804) 285-9839**

The McShin Foundation

Founded in 2004, The McShin Foundation is Virginia's leading non-profit, full-service Recovery Community Organization (RCO), committed to serving individuals and families in their fight against Substance Use Disorders. While providing the tools for recovering individuals to create positive lifestyles, we aim to spread the word of recovery and educate families, communities, and government regarding SUDs as well as reduce the stigma attached to them.

The McShin Foundation is an authentic peer-to-peer organization, meaning that nearly all of our staff members have lived experience of Substance Use Disorders and recovery.

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