



PREP

Prevention Resources and Education for Parents

Caron's Student Assistance Program presents **PREP**, *Prevention Resources and Education for Parents*, a program designed for parents and caregivers of children in middle school and high school. The program is facilitated by professionals in the field of addiction treatment.

Program Objectives:

- Provide information on the effects and consequences of gateway drugs and other drug trends
- Empower parents with effective communication skills when talking with their children about alcohol, tobacco and other drug use
- Review the importance of establishing clear rules and consequences at home regarding substance use
- Evaluate resiliency factors that help protect kids from substance use
- Provide local resources should parents require addiction support

Program information:

Date: May 7, 2018

Time: 6:00 pm to 7:00 pm (Light Refreshments Provided)

Location: Tuckahoe Area Library - 1901 Starling Drive
Henrico, VA 23229-4564
RSVP to Erin Cooper at ERCooper@caron.org

