

CAS 2021-2022

10th grade



DATE	
10/25	Descriptions for both experiences entered in ManageBac
12/10	Evidence & Reflection check-in
3/4	Evidence & Reflection check-in
5/9	Completed both experiences Posted evidence and completed CAS questionnaire for both experiences



10th grade CAS Expectations

CAS (creativity, activity and service)

This year you will complete two experiences that cover C, A, and S. Of the seven learning outcomes, you need to achieve 3-4 this year. These should be different than the 3-4 you achieved freshman year, though some overlap is acceptable.

You are encouraged to meet with Mrs. Harper prior to approval of your experiences or if you need additional support during the year. Please email to arrange a meeting.

NOTE: All activities must be submitted by midnight on the dates listed. Deadlines not met will be recorded as late. It is up to the MYP and CAS coordinator (both Mrs. Harper) to determine if you have adequately fulfilled the CAS requirements. Failure to do so means you are not in compliance with the *Maintaining Good Standing* document and puts you in jeopardy of not earning your Tucker MYP certificate and not continuing in the IB Program.

The December, March, and May deadlines indicate when I will verify and record your progress. You should aim to make a minimum of three postings to MB per *active* experience—one toward the beginning of participation, one in the middle and one toward the end. Incomplete, late or insufficient (not following the communicated guidelines) entries will not receive credit.

What is needed for an experience to be approved?

- Something that is important, meaningful and of interest to you
- Experience title and in parenthesis indicate if this is to be counted as C, A or S.
- Selected learning outcomes that connect appropriately to the experience
- Time frame for experience to take place
- Evidence of planning and research
- A full description of the experience to include when/how often progress will be made (frequency of participation), with whom you will work, why you have chosen this experience, what you hope to gain from your experience and any other pertinent details such transportation, contacts, money necessary if applicable.

What are reflections & evidence on ManageBac? It is documentation, i.e. proof of your progress. It can occasionally take the form of shorter postings with relevant details of your efforts in the experience, but the majority of entries should also be reflective and thoughtful in nature. *What did you learn (about the experience and about yourself)?; How have you grown?; What challenges have you faced? What skills did you build? Etc.* Not each entry needs to be of the same quality, but overall, there should be a balance. Pictures of your participation, documentation of meetings, phone calls, fliers for events, video clips etc. can all be included as evidence of progress on your chosen experiences. Please include a caption for those types of uploads so it is clear what you doing or how the evidence fits within your experience.

October 1 Review of CAS and ManageBac

October 25 Descriptions of both experiences entered in ManageBac

12/10 & 3/4 Entries (reflections & evidence) reviewed by Mrs. Harper

May 9 Both experiences completed, evidence is posted for experiences, and submitted thorough answers to CAS Questionnaires on ManageBac