

Virginia Commonwealth University

A resume is a summary of your experiences and skills relevant to the field of work you are considering. After reviewing your accomplishments, a recruiter should have a sense that you are qualified for the job and should be compelled to learn more by scheduling an interview with you. The following guide will help you create this essential branding tool.

Topics covered:

- Resume Content
- Resume Format
- Resume Template
- Sample Resume Formats
- References Outline
- Resume Action Verbs
- Resume Proofreading Tips

Throughout this guide, you'll find special notations in call-out boxes. Don't miss these important tips and reminders.

This special notation recognizes the work of Erin R. Lowery, formerly with the University Career Center. Erin's efforts continue to benefit VCU students, as it was her original work that formed the basis of this document. Ongoing thanks, Erin!

Resume Content

Name and Contact Information

- Start with your name at the top of the resume and use a slightly larger font size, caps and/or bold formatting.
- Under your name, include your address, phone number with area code, and e-mail address.
- Make sure your e-mail address is professional and remove the hyperlink by right-clicking on it.
- Do not include salary history or your sex, age, race, marital status or other similar personal information.
- Include your name and page number on the top of additional resume pages.

Objective

- Your objective should inform the employer of your immediate employment goal and may include relevant skills.
- Keep it brief and specific.
- Avoid generic, vague expressions like "a progressive organization with opportunities for growth and development."
- If you are seeking several different kinds of positions, create an objective for each one. You may also consider changing your objective for each position you apply for, in which case it is very important to proofread each resume and keep records of which resume you submit to which employer.

Education

- If you are a current student or recent graduate, education should follow the objective.
- For each degree pursued or received, include the full name of the school, city and state, degree, and date (or anticipated date) of graduation. Do not include high school.
- List degrees in reverse chronological order, beginning with the most recent degree.
- Include GPA if it is at least a 3.0. You may also include the GPA within your major.



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Resume Content, Continued

Experience

- You may include paid or unpaid experience, volunteer work, internships and co-op positions.
- Just as with education, list this information in reverse chronological order, beginning with the most recent position.
- For each position, include the company or organization name, city and state, your title, and dates (months and years).
- For each entry, be consistent in the order this information is listed, and the line that it is listed on. Avoid wrapping text to the next line.

Example:

Virginia Housing Development Authority, Richmond, VA Accounting Intern

June 2004-August 2004

Avoid:

Virginia Housing Development Authority, Richmond, VA, Accounting Intern, June 2004–August 2004

- Include a descriptive narrative of your experience, focusing on qualifications, skills, leadership abilities, and accomplishments. State all information positively and relate your skills and background to the job you are seeking. Give specific examples of your accomplishments. Quantify when possible to strengthen the impact of your message. (e.g. "supervised 12 employees," "managed a \$2,000 budget").
- Start each bullet point with a strong, descriptive action verb (see action verbs list at the end of this guide).
- Avoid complete sentences and personal pronouns.
- Use past tense verbs for previous positions, and present tense verbs for current positions.
- Avoid phrases such as "duties included" or "I was responsible for...".

Example:	•	Trained new staff members
Avoid:	•	My duties included training new staff members

Additional Content Areas

You may choose to include some of the following information to supplement the core content areas. You may also use some of these headings in place of the core headings described above. Choose the headings that accurately describe your experience and qualifications, and that are geared toward your objective.

Career Services Resume Writing Guidelines

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Resume Content, Continued

Additional Content Areas

- Summary
- Profile
- · Areas of Expertise
- Summary of Qualifications
- Achievements
- Accomplishments
- Educational Highlights
- Educational Background
- Educational Preparation
- Educational Freparation
- Academic Background
- Academic Training
- Education and Training
- Related Coursework
- Course Projects
- Certifications/Licensure
- Endorsements
- Study Abroad
- Scholarships and Financial Support

- Professional Experience
- Teaching Experience
- Research Experience
- Relevant Experience
- Experience Summary
- Experience Highlights
- Career Highlights
- Professional Background
- Military Experience
- Military Service
- Work Experience
- Additional Experience
- Part-Time & Summer
 Work
- Career-Related Experiences
- Internship and Co-op
- Experiences

- Honors/Awards
- Honors and Activities
- Honors & Organizations
- Special Honors
- College Distinctions
- Publications
- Exhibits
- Research Interests
- Conferences Attended
- Poster Presentations
- Presentations
- Skills
- Areas of Knowledge
- Capabilities
- Technical Skills
- Computer Skills
- Laboratory Skills
- Language Competencies

- Volunteer Experience
- Volunteer Activities
- Civic Activities
- Community Service
- Extracurricular Activities
- College Activities
- · Activities & Distinctions
- Organizations, Activities and Honors
- Memberships
- Professional Memberships
- Professional Affiliations
- Professional Organizations
- University Involvement
- Leadership Experience
- Organizations and Activities
- Interests
- Travel Abroad
- Travel

Examples of What Not to Say

"Accomplishments: Completed 11 years of high school"

"Education: College, August 1880 - May 1984"

"I am very detail-oriented."

"I have a bachelorette degree in computers."

"I worked as a Corporate Lesion."

"Objection: To utilize my skills in sales."

"Here are my qualifications for you to overlook."

"I vow to fulfill the goals of the company as long as I live."

"Experience: Dealing with customers' conflicts that arouse."

"I am a rabid typist"

From Speedygrl.com

Resume Format

The three basic resume formats are chronological, functional, and combination. The type of format you use depends on your particular background and the type of work you are seeking.

Chronological Resume Format

A chronological resume emphasizes your work and/or experiences and organizes your information around dates. Chronological resumes are easy to follow because they highlight career growth and the names of employers. You should use the chronological format when your work or activity experience is strong and relevant to your job objective, when previous job titles are impressive and job history shows growth, and when you want to emphasize your accomplishments. Disadvantages of this format—your skills may not be highlighted and gaps in your career path may be more visible. List jobs or experiences in reverse chronological order with your most recent position listed first. See the example on page 6.



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Resume Format, Continued

Functional Resume Format

A functional resume organizes information under functional headings that highlight your major areas of accomplishment or strength. Experiences and skills are organized to support your job objective and are not bound by employment dates. Titles and work history are de-emphasized. You may draw upon all sources of experience (employment, volunteer work, college activities, and coursework) to describe your skills. Since the functional resume emphasizes capabilities and skills, it can be useful when you want to enter a different career field or illustrate your transferable skills. Although the functional resume takes more time and thought to prepare, it may be more effective than the chronological format if your work experiences have been limited or you wish to focus on special skills and abilities.

*Note: Employers usually do not prefer this format because it is hard to decipher where the candidate received his or her skills. Also, this format is more appropriate for someone who is returning to the workforce after some time.

Combination Resume Format

The combination resume includes aspects of both the chronological and functional formats. Work history and skills or accomplishments are emphasized equally. This format allows you to include a section about prior work experiences and a section on your functional and transferable skills.

General Resume Format Guidelines

- Be brief. A one-page resume is adequate. Use two pages only if you have had extensive relevant experience.
- Employers typically skim a resume for 7 seconds, which is why format is so critical.
- Be consistent with font style and size. No smaller than 10.
- Arial font takes up more space than Times New Roman.
- Margins should be at least .5" all the way around.
- Bullets are easy to skim, but take up more space. Paragraphs take up less space, but are harder to skim.
- If you use tabs, make sure they line up vertically down the page.
- Be consistent with periods either have them at the end of each bullet point or don't use them at all.
- Avoid using dashes; use bullets instead.

- Use a laser printer whenever possible for printing. Otherwise, your ink may smudge more easily.
- Use CAPITAL LETTERS, bold print, or italics to highlight parts of your resume, but don't use them all at once.
- Use simple graphics such as lines to create a border. If your major is in the School of the Arts, you may want to use your resume to display your design skills or logo.
- Create a well-organized and visually appealing resume appearance is just as important as content.
- Use your horizontal space. Don't let your resume get too vertical, which may cause it to run to two pages.
- Print your resume on resume paper (e.g.: white, off-white or ivory).
- Use matching paper for your cover letter, especially when using a paper color other than white.
- Indicate the type of employee you will be by how you have prepared your resume.

Career Services Resume Writing Guidelines

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Resume Format, Continued

Scannable Resumes

The "Electronic Revolution" has made it possible for employers to find job applicants faster and easier. Optical Character Recognition (OCR) systems look at images (resumes) to distinguish characters (letters and numbers) and then create a text file (ASCII). Artificial intelligence then "reads" the text and extracts the important information about the applicant. The purpose of a scannable resume is to match employers' needs to applicants who fulfill those needs quickly and thoroughly. Scannable resumes allow employers to search a database of resumes by using keywords, buzzwords, or descriptors to find matches or "hits." Ultimately, a computer-friendly resume is one that maximizes the computer's ability to read the applicant's resume and obtain hits. Finally, it is a good idea to have two versions of your resume—a scannable version and a traditional version—to take with you to an interview.

When Do You Send a Scannable Resume? If you:

- are applying to a large company
- are applying for an IT position
- know your resume will be scanned by a computer
- are applying to a company on-line through their website
- are e-mailing your resume
- are in doubt send both

Scannable Resume Content Guidelines

- Use common headings such as: Objective, Education, Employment, Work History, Positions Held, Skills, Accomplishments, Summary, Highlights, Summary/Highlights of Qualifications, Publications, Licenses, Certifications, and Honors
- Incorporate important nouns. The scanner will search for descriptive words (keywords) such as: writer, BA, accounting, manager, Spanish (language fluency), Public Relations Society of America, Arlington, VA, etc.
- Use concrete words, for example, it is better to use "managed a team of software engineers" instead of "responsible for managing, training...".
- Use common keywords to define your skills, experience, education, professional affiliations, etc.
- Use industry-specific jargon and acronyms. Minimize abbreviations to common ones like BA or BS. When using acronyms, spell out their meanings.
- Include specifics such as names of software packages (word processing, spreadsheets, etc.).
- When faxing a resume to be scanned, set the fax to "fine mode" so that the recipient receives a better quality.

Scannable Resume Format

- Use any standard resume format—chronological or combination.
- Format your name and address with your name on one line and the address on each line appearing below it.
- List multiple telephone numbers on separate lines.
- Use CAPITAL LETTERS for section headings.
- Do not use vertical or horizontal lines, shading, graphics, boxes, charts, or columns on your scannable resume.
- Use simple, non-decorative common fonts such as: Arial, Courier, Helvetica, Palatino, or Times New Roman.
- Use standard font sizes between 10 and 14 points. Avoid Times New Roman, 10 point.
- Do not use italics, underlining, shadows, or reverse (white letters on black background).
- Use white space, computers use it to recognize when one topic has ended and another has begun.
- Use one side of 8½ x 11" white paper.
- Use a laser printer or high-quality photocopier.
- Include your name on the top of each page if there are multiple pages of your scannable resume.
- Do not fold or staple.

Career Services Resume Writing Guidelines

Resume Template

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Name

Current Address: 1234 Street Name, Apartment B, City, ST Zip Code, (Area Code) Telephone Number Permanent Address: 5678 Street Name, City, ST Zip Code, (Area Code) Telephone Number Email Address, Cell Phone (be smart—have a professional message and only answer when you're ready to talk – not when you're running to class)

OBJECTIVE:

EDUCATION:

Be specific. You can have multiple copies of a resume where the only difference is your objective, but make sure you send the right one! Stress what skills and abilities you will use to further the organization's mission (not what you will get out of it...you'll definitely get something out of it, we just don't mention that).

University, Richmond, V	/A	
Minor:	Graduation:	(Ex: May 2008 or December 2007)
Major GPA:	Minor GPA:	(only list if GPA is above 3.0)
	i attended, don't list high s	school)
VORK:		
	Minor: Major GPA: C (List another college in WORK: • Bullets are	Major GPA: Minor GPA: (List another college if attended; don't list high s

RELEVANT EXPERIENCE:

Organization, Title, City, ST, MO/YR – MO/YR (or "present" if still in the position)

- Provide action verb: Always start with one
- Demonstrate different action verb: Vary your verbs, no "provided, provided, provided...")
- Insert action verb: All past tense or all present tense for each section

Organization, Title, City, ST, MO/YR – MO/YR (or "present" if still in the position)

- Use bullets: Allows the employer to read your resume faster
- Apply periods consistently: Put them at the end of each sentence or don't use them at all
- Give specific examples: Budgeted \$1,000 for...
- Quantify whenever possible: Supervised 12 employees...

ACTIVITIES & HONORS:

- List organizations in which you have actively participated
- Mention leadership positions; employers want well-rounded students
- Got an award? List the award and year received
- Dean's List: Spring 2002, Spring 2003 Fall 2004
- Leave off high school unless it is INCREDIBLY relevant

COMPUTER SKILLS:

• Microsoft Word

• Excel

PowerPoint

Tips:

- ▶ Margins can be as far out as .5″ all around.
- ▶ Avoid having too much white space, but give the eye some room to rest.

Remember:

- ▶ Resumes are about timeliness & relevance; you can adjust the order of headings based on that.
- ▶ Always have someone proofread your resume.
- ▶ Print on resume paper.
- ▶ IF 2 pages, always put at least "Name, Page 2" in the top left corner in case the pages get separated. (Need **good** reason for 2 pages!)



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Chronological Resume Example

Renita Ram

1234 Main Street, Richmond, VA 23228 (804) 555-1234 ramrr@vcu.edu www.studentswebsite.com

Objective

To obtain an internship in multimedia design/development to utilize and further develop my aesthetic sense and artistic skills.

Education

Bachelor of Science in Mass Communications, expected May 2008

Virginia Commonwealth University, Richmond, VA Major in Advertising Minor in Media Studies

GPA: 3.4

Relevant Coursework: Multimedia for the Web, Interactive Media Authoring, Multimedia Writing, Web Communication, Multimedia Law, News Editing, Photojournalism, Scriptwriting, and Creative Nonfiction

Experience

Freelance Web Designer, Siddall, Richmond, VA, 05/2001 – Present

- Create engaging web presences for clients per their requests and requirements.
- Provide consulting services to evaluate and meet client needs.
- Forge and maintain client relationships.

Web Designer, Commonwealth Information Security Center, Richmond, VA, 05/2003 – 07/2004

- Designed and updated 3 corporate websites for nonprofit organization.
- Fabricated/manipulated web pages, graphics, & JavaScript in an office environment.
- Maintained organized documentation to ensure that application scripts and web pages were dynamic and readily updatable for future employees.
- Provided advice regarding graphic design and layout issues.
- Instructed people on use of Dreamweaver to edit HTML, as well as website organization.

Pool Manager, Atlantic Pool Service, Springfield, VA, 04/2000 – 05/2003

- Used communication and management skills to oversee 400-member swimming facility.
- Maintained organized records.
- Communicated with Board of Directors to ensure that the members' needs were met.
- Utilized lifeguard training and CPR training to save two lives during the 2003 season.

Computer Skills

Software: Macromedia Flash, Director, Dreamweaver, Fireworks; Adobe Photoshop, ImageReady, Illustrator, Premiere, After Effects, Audition; Corel Bryce 5; Microsoft Office Suite (Word, Excel, Access, PowerPoint); Apple Final Cut Pro, Quicktime Pro; Digidesign Pro Tools

Operating Systems: Mac OS 9, X; Windows 95-XP; Dos; Linux

Languages: HTML; SQL; CSS; ActionScript; JavaScript; Director Lingo; VBA

Awards/Honors

Broadcast Education Association (BEA)

Best of Festival 2004/King Foundation Award Winner, Fixed Media in the "To Instruct/Train" category; Won \$1,000 top prize and attended BEA Festival in Las Vegas, NV

Dean's List (Spring 2002, Fall 2002, Spring 2003, Fall 2003)

Career Services Resume Writing Guidelines

Combination Resume Example

Permanent Address: 1223 McMannus Drive Lake, VA 25607 (804) 555-4321

RAUL A. RAM ramra@vcu.edu

Current Address: 123 Broad Street Richmond, VA 23228 (804) 555-3336

OBJECTIVE

Seeking a management trainee position with XYZ Advertising International.

EDUCATION

Virginia Commonwealth University (VCU)

Bachelor of Science in Business Administration and Management International Management track, Minor: Spanish

Richmond, VA May 2004

RELATED COURSES

International Trade International Accounting International Management Business Spanish

International Finance International Relations **International Marketing** International Economics

LEADERSHIP EXPERIENCE

International Fraternity of Delta Sigma Phi, VCU

Committee Head of Interchapter Relations

Richmond, VA September 2003 – present

February 2002 – September 2003

- Coordinate committee meetings and facilitate discussions
- Serve as liaison between local and regional chapters
- Coordinate social, fundraising, and consulting events
- Organized a social gathering of two chapters for 60 people

Committee Head of Alumni Activities

- Maintained and updated records for more than 500 chapter alumni
- Delegated responsibilities to a committee of 5 members
- Organized and assembled newsletter for printing
- Distributed newsletter to 500 alumni 3 times per semester

International Business Club, VCU

Newsletter Committee

Richmond, VA September 2003 - present

- Coordinate activities and assignments of committee members
- Write articles about topics concerning international management members
- Design and send quarterly newsletters to all international management majors

ADDITIONAL EXPERIENCE

Greater University Fund

Student Assistant

Richmond, VA September 2003 – present

- Handle all special customer service complaints and requests
- Make 30 40 phone calls per night to solicit donations

Food Lion, Inc.

- Summers 2000 2003 Assistant Manager/Deli Clerk • Supervised six employees on various functions in deli/bakery department
- Maintained high productivity of staff of deli/bakery
- Delegated duties pertaining to maintenance and productivity
- Kept a daily roster of all duties and activities to be performed in deli/bakery

Fredericksburg, VA

Career Services Resume Writing Guidelines

Virginia Commonwealth University

References Outline

*Jamie T. Student

1234 Broad Street, Apt. A, Richmond, VA 23284 (804) 555-5678, studentjt@vcu.edu

References

**(Dr./Mr./Ms./Mrs.) Name
Title
Organization
Address
City, State, Zip
(Area Code) Telephone Number
Email Address (if he/she has one)
***Relationship

**(Dr./Mr./Ms./Mrs.) Name
Title
Organization
Address
City, State, Zip
(Area Code) Telephone Number
Email Address (if he/she has one)
***Relationship

**(Dr./Mr./Ms./Mrs.) Name
Title
Organization
Address
City, State, Zip
(Area Code) Telephone Number
Email Address (if he/she has one)
***Relationship

Tips and Reminders

- *For continuity, use the same header on your references page as you do on your resume. If your reference page gets separated from your resume, the employer has your contact information. If you don't have room for all of that, at least put your "Name, References" in the top, left corner so the reader will know who the references belong to if separated.
- **Always put some sort of descriptor here. There is nothing more embarrassing for a reference checker than insulting the person they are about to have a conversation with. Example, "Hi, is Ms. Knight available?" "This is DOCTOR Knight." Do your homework and find out if they have their doctorate or whether they are married (for women). If you do not know if a woman is married, Ms. is appropriate and professional.
- ***Optional. This just gives the person checking your references a feel for who he or she is about to speak to when calling. Example: Mr. Jones supervised me while I worked at #1 Sales Company. Example: Dr. Smith taught me Chemistry 101 & Biology 302. He has known me for years.
- ▶ Most organizations want 3 5 references. You would use the same outline for each reference as shown to the left.
- ▶ Print your reference page on resume paper too. You want your cover letter, resume, references and application (if applicable) all to match.
- ▶ ALWAYS ask someone to be a reference ahead of time. If someone calls that person out of the blue, he or she may be upset with you and give you a poor reference. He or she could also be upset because he or she was not more prepared to speak about your skills and abilities. So always ask first.
- ▶ Avoid using "character" references. These are people like a sports coach from high school, someone from your
- place of worship, a parent, or a family friend. These are okay if the organization needs to check out your character (i.e., the FBI, the police, law enforcement positions, etc.), but for the most part, organizations want professional references people who can speak about what you are like at work or in class. So think of supervisors, co-workers, professors you have a good relationship with, etc.
- ▶ After you have an updated copy of your resume, offer to send an e-copy or drop off a hard copy to each of your references. By sending them a copy of your resume, you enable them to stay up-to-date with what you've been up to and help them to better speak to your abilities.

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Resume Action Verbs

Management/	confronted	evaluated	explained	influenced	budgeted	listened
Leadership	consulted	examined	facilitated	insured	calculated	logged
Skills	contacted	extracted	guided	mentored	computed	manipulated
administered	convinced	formulated	individualized	provided	developed	maximized
assigned	cooperated	gathered	instructed	referred	estimated	merchandised
attained	corresponded	identified	motivated	rehabilitated	forecasted	met
chaired	defined	interpreted	set goals	simplified	managed	minimized
consolidated	directed	interviewed	stimulated	supplied	marked	modified
contracted	drafted	invented	taught	supported	planned	navigated
coordinated	drew up	investigated	trained	volunteered	projected	negotiated
decided	edited	located	transmitted	Organizational	reconciled	obtained
delegated	elicited	measured	tutored	Skills	reduced	perceived
developed	explained	organized	Creative Skills		researched	perfected
directed	expressed	researched		approved	More Verbs	pioneered
	formulated	reviewed	acted	arranged		preserved
eliminated	influenced	solved	authored	cataloged	accomplished	printed
enhanced	interpreted	summarized	composed	categorized	achieved	promoted
enforced	interpreted	surveyed	conceptualized	charted	acknowledged	proofread
established			created	classified	adjusted	l '
evaluated	judged	systematized tested	decorated	coded	affected	proposed protected
executed	lectured		designed	collected	anticipated	
generated	marketed	Technical	directed	compiled	approached	purchased
headed	mediated	Skills	displayed	corresponded	asserted	quoted
hired	moderated	applied	entertained	detailed	assessed	ran
improved	negotiated	assembled	fashioned	distributed	assisted	raised
incorporated	observed	built	formulated	filed	attended	read
increased	participated	calculated	founded	generated	conceived	realized
inspected	persuaded	conserved	illustrated	implemented	conciliated	received
instituted	presented	constructed	introduced	inspected	contributed	rectified
led	promoted	designed	invented	maintained	controlled	redesigned
managed	publicized	determined	made	monitored	delivered	reduced
motivated	reconciled	developed	modeled	operated	detected	related
organized	recruited	installed	originated	organized	devised	remodeled
oversaw	referred	maintained	performed	prepared	dispensed	rendered
planned	reported	operated	photographed	processed	effected	renewed
presided	resolved	programmed	planned	provided	electrified	repaired
prioritized	responded	resolved	revised	recorded	endured	represented
produced	spoke	specialized	shaped	reviewed	enlisted	reserved
recommended	suggested	upgraded	Helping Skills	scheduled	exchanged	resolved
reorganized	summarized	Teaching	advocated	sorted	expanded	scanned
reviewed	synthesized	Skills	aided	submitted	expedited	screened
scheduled	talked	adapted	answered	standardized	experienced	selected
strengthened	translated	advised	cared for	systemized	explored	served
supervised	wrote		clarified	updated	followed	sketched
Communication	Research	arranged clarified	counseled	validated	found	sold
Skills	Skills	communicated	diagnosed	verified	governed	sparked
addressed	analyzed	conducted	educated	Financial	handled	spearheaded
advertised	clarified			Skills	improved	staffed
arranged	collected	coordinated	encouraged		informed	studied
collaborated	compared	critiqued	facilitated	analyzed	initiated	succeeded
communicated	conducted	developed	familiarized	appraised	innovated	traveled
	determined	enabled	furthered	audited	integrated	treated
composed	disproved	evaluated	helped	balanced	learned	unified
condensed	uispioveu				ICAITICU	utilized

VCUDUSINESS Career Services Resume Writing Guidelines

Resume Proofreading Checklist

Spellir	
	Are all the words you are using familiar to you? All CAPITALIZED words are spelled correctly Read every word aloud to catch mistakes or left out words
	A friend proofread your resume for you All words that may be easily confused have been checked: accept (to receive), except (to exclude); all right (is 2 words), alright (is NOT a word); affect (to bring about change), effect (the result); personal (private), personnel (staff members); role (a character assigned or a function), roll (to revolve)
Punct	Use of punctuation is consistent—i.e. if you use periods at the end of your phrases, then use them at the end of all the phrases Exclamation points are not used Commas are used to separate information instead of periods There are no commas between month and year
Gramr	All verbs in each job skill section are in the same tense—i.e. current jobs should be in the present tense and past jobs in the past tense All proper nouns are capitalized Numbers between one and nine are written out, numerals are used for all numbers 10 and above Sentences starting with numbers should spell out that number Date formats are consistent—i.e. pick 11/98 or November 1998 and use it throughout the resume Capitalize seasons when associated with a date—i.e. Spring 2005
Conte	Dates of prior employment are accurate Address, phone number and e-mail address are correct Number of returns or spaces between categories or items are consistent Is your resume all on one page? Your name is on all pages submitted (resume, reference page and cover letter) Salary history is omitted (this should be included in a cover letter if requested) Personal information such as sex, age, race, marital status is NOT included The word "I" is not on the resume at all Experience includes organization name, job title, city, state of company, and dates employed Education and Awards do not include high school
Forma	There is plenty of white space—e.g. your resume is not overcrowded and margins are appropriate The font is the same throughout the resume Headings stand out from the text to make skills and qualifications easier to find Bold and italics have been used to make important items stand out At arm's length, the text and white space look balanced Your name is larger than the rest of the text on the page Only the front side of the paper is used
Final (Copy Resume quality paper was used for the final copy—ivory, gray or white, 100% cotton The watermark is right side up on the final copy Items are not stapled Large manila envelope or envelopes matching resume paper are used